## Emergency Feeding Menu

**July 2020**

### Monday

<table>
<thead>
<tr>
<th>Breakfast</th>
<th>Lunch</th>
</tr>
</thead>
<tbody>
<tr>
<td>WW Muffin w graham crackers, Juice/Fruit</td>
<td>Sausage, Egg and Cheese on a Roll, Chips, Fruit, Vegetable</td>
</tr>
</tbody>
</table>

### Tuesday

<table>
<thead>
<tr>
<th>Breakfast</th>
<th>Lunch</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chef's Choice- Juice/Fruit</td>
<td>Breaded Chicken, Fruit, Vegetable</td>
</tr>
</tbody>
</table>

### Wednesday

<table>
<thead>
<tr>
<th>Breakfast</th>
<th>Lunch</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mini French Toast Sticks, Juice/Fruit</td>
<td>Hot Dog on a Roll and Beans, Fruit, Vegetable</td>
</tr>
</tbody>
</table>

### Thursday

<table>
<thead>
<tr>
<th>Breakfast</th>
<th>Lunch</th>
</tr>
</thead>
<tbody>
<tr>
<td>WW Muffin/Graham Crackers, Juice/Fruit</td>
<td>Pasta with Meatsauce/Peas</td>
</tr>
</tbody>
</table>

### Friday

<table>
<thead>
<tr>
<th>Breakfast</th>
<th>Lunch</th>
</tr>
</thead>
<tbody>
<tr>
<td>Apple Frudel, Juice/Fruit</td>
<td>Pizza/w, Fruit, Vegetable</td>
</tr>
</tbody>
</table>

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### Non-Fat Chocolate or 1% Milk Offered Daily

- **Monday:** WW Muffin w graham crackers, Juice/Fruit
- **Tuesday:** Chef's Choice- Juice/Fruit
- **Wednesday:** Mini French Toast Sticks, Juice/Fruit
- **Thursday:** WW Muffin, Juice/Fruit
- **Friday:** Apple Frudel, Juice/Fruit

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### Fresh Fruit Basket Offered Daily

- **Monday:** WW Muffin w graham crackers, Juice/Fruit
- **Tuesday:** WW Muffin, Juice/Fruit
- **Wednesday:** WW Muffin, Juice/Fruit
- **Thursday:** WW Muffin, Juice/Fruit
- **Friday:** WW Muffin, Juice/Fruit

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### Emergency Feeding Menu

**Weekly Average Nutritional Values:**
- Calories: 350-500
- Saturation: <10%
- Sodium: <540mg

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**Daily Menu Options**

- **Monday:** WW Muffin w graham crackers, Juice/Fruit
- **Tuesday:** Chef's Choice- Juice/Fruit
- **Wednesday:** Mini French Toast Sticks, Juice/Fruit
- **Thursday:** WW Muffin, Juice/Fruit
- **Friday:** Apple Frudel, Juice/Fruit

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**Additional Menu Items**

- **Monday:** Mini French Toast Sticks, Juice/Fruit
- **Tuesday:** WW Muffin, Juice/Fruit
- **Wednesday:** WW Muffin, Juice/Fruit
- **Thursday:** WW Muffin, Juice/Fruit
- **Friday:** WW Muffin, Juice/Fruit

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**Breakfast Options**

- **Mini Pancakes**
- **Mini Waffles**
- **Mini French Toast Sticks**
- **Mini Chocolate French Toast Sticks**
- **Mini waffles**
- **Mini French Toast Sticks**
- **Mini Pancakes**
- **Mini Chocolate French Toast Sticks**
- **Mini Waffles**
- **Mini French Toast Sticks**

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**Lunch Options**

- **Sausage, Egg and Cheese on a Roll**
- **Breaded Chicken**
- **Pasta with Meatsauce/Peas**
- **Hot Dog on a Roll and Beans**
- **Pizza/Peas**
- **Pizza**
- **Boars Head Turkey and Cheese Sandwich**
- **Boars Head Turkey and Cheese Sandwich**
- **Tony's Pizza**
- **Beef Tacos**
- **Chicken Patty on a Roll**
- **Chicken Nuggets w/ Tater Tots**
- **Cheeseburger**
- **Sausage, Egg and Cheese Sandwich**
- **Pasta with Meatballs**
- **Turkey and Cheese Sandwich**
- **Boars Head Turkey and Cheese Sandwich**
- **Chicken Lo Mein**
- **Beef Tacos**
- **Chicken Patty on a Roll**
- **Chicken Nuggets w/ Tater Tots**
- **Cheeseburger**
- **Sausage, Egg and Cheese Sandwich**
- **Pasta with Meatballs**
- **Turkey and Cheese Sandwich**
- **Chicken Lo Mein**
- **Beef Tacos**
- **Chicken Patty on a Roll**
- **Chicken Nuggets w/ Tater Tots**